



BUNKER HILL MIDDLE SCHOOL

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"Carrying on a Proud Tradition of Learning"

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January 29, 2019

Dear Bunker Hill Families:

During the first two weeks of February, Bunker Hill 6th graders will have an opportunity to participate in a bullying prevention/cyber empowerment seminar. The seminar will be conducted in partnership with Gloucester and Salem Counties chapter of New Jersey Child Assault Prevention (NJCAP). Below are excerpts from their published information on the Bullying Prevention Program:

The program has received very positive feedback from participating schools. The strongest recommendations come from the children trained in the program—over 500,000 to date. Many of them have shared not only their accounts of victimization but also their stories of bullying others. On more than one occasion, students have resolved to "stop hurting others." With assistance from the school, they received help to begin changing their aggressive behavior.

The middle school program encompasses several topics

- Seriousness of bullying
- Information and sensitization of the role of children who are bullied, who bully, and who witness bullying.
- Strategies to empower students to "de-escalate" bullying behaviors.
- Feedback about bullying in their school and community
- Cyber bullying and cyber security

The presentation concludes and the CAP certified counselors (in conjunction with our school counselors) embark on a "Program Review". The publication goes on to state:

At the conclusion of each day's workshop, children are given the opportunity to meet individually with the CAP Facilitators. The purpose of this time is to reinforce skills taught during the classroom workshop. It is also a time when children may ask questions, seek help in problem solving a specific bullying situation, and strengthen their belief that all children have the right to be Safe, Strong, and Free.

Should you have any questions, please do not hesitate to reach out to me or Dr. Morros, school counselor.

Sincerely,

Mike D'Ostilio